



# Upcycled Fashion Design

## Challenge: Official Program Rules



**Hosted by Izzy's Treasures | Grades 6–12 | Duration: 5 Months**

To ensure a fun, fair, and educational experience for all students, the following rules and expectations will apply to participants in the 2025 Upcycled Fashion Design Challenge.

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## ✦ ✦ PARTICIPANT EXPECTATIONS

### 1. Attend Required Lessons

- Students must attend at least **8 out of 10 scheduled group sewing sessions**.
- One-on-one sessions with a seamstress mentor will be available by appointment.

### 2. Use the Makerspace Creatively

- All garments must be **designed and sewn at Izzy's Makerspace** to ensure the student is doing their own work.
- Students are encouraged to use open studio hours and log their visits weekly.

### 3. Journal the Process

- Each student will be provided a sketchbook or journal.
- Students must keep notes, sketches, fabric ideas, challenges, and reflections throughout the program.
- Journals will be submitted with the final collection for judging.

### 4. Use Upcycled or Thrifted Materials Only

- All garments must be made using **secondhand, recycled, or upcycled materials**.
- Students may bring their own materials, use donations from the program, or thrift locally.
- Minimal new materials (thread, elastic, zippers) are acceptable when necessary.

### 5. Design Requirements

- Students must create between **5 and 10 wearable fashion items** for their final collection.
- At least **3 of the pieces** must be sewn garments (not just accessories).
- Students must name their collection and submit a short designer statement by the final month.

### 6. Respect Equipment & Space

- Students are responsible for safely using and cleaning up after using sewing machines and tools.

- Any damage or misuse of equipment may result in loss of access to the space.
- Respect for fellow students and mentors is required at all times.



## FASHION SHOW REQUIREMENTS

- Students **must participate** in the final showcase event.
- Students must help recruit models to showcase their collection.
- Students will present their collection and journal to a panel of community judges.
- Judging categories may include:
  - Best Use of Materials
  - Most Creative Design
  - Best Overall Collection
  - Judge's Favorite
  - People's Choice

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## FAILURE TO FOLLOW RULES

Students who do not meet program requirements (minimum attendance, journal completion, original work, or upcycled materials) may be:

- Ineligible for prizes
- Excluded from the final fashion show
- Asked to make up lessons or sessions to remain in good standing

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## TIPS FOR SUCCESS

- Use your journal to track progress and reflect creatively
- Ask for help — seamstress mentors and volunteers are here to support you
- Think outside the box: denim skirts from old jeans, dresses from curtains, bags from sweaters
- Collaborate with peers and cheer each other on!